

Unit 73: HOW OFTEN?

This unit shows you how to say **how often** with frequency adverbs (Unit 64 tells you about adverbs generally) and with noun phrases (Unit 45).

1 With frequency adverbs



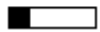
I **always** work late. I **never** go home early.
I **don't ever** go home early.



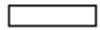
I **usually** work late but I **sometimes** go home early.



I **often** work late.



I **sometimes** work late but I usually go home early.



I **never** work late. I **always** go home early.
I **don't ever** work late.

2 With noun phrases

I am learning telephone etiquette. The lesson is always on Monday.

I go to etiquette lessons **once a week**.

I go to etiquette lessons **every Monday**.

I am learning how to take shorthand. The lessons are always on Tuesday and Thursday.

I go to these lessons **twice a week**.

I go to these lessons **every Tuesday and Thursday**.

I am learning how to use Microsoft Word. The lessons are on Saturday, Monday and Wednesday.

I go to Microsoft Word lessons **three times a week**.

NOTICE:

These noun phrases go at the end of the sentence. (**NOT** *I go once a week to Microsoft Word lessons*).